



#RESET DAY 1

Reflect on 2020

Work/Education:

Write down one (1) WIN for 2020.

Write down one (1) CHALLENGE for 2020.

This year I need to leave behind...

This year I need to add...

Leisure/Recreation:

Write down one (1) WIN for 2020.

Write down one (1) CHALLENGE for 2020.

This year I need to leave behind...

This year I need to add...

Relationships:

Write down one (1) WIN for 2020.

Write down one (1) CHALLENGE for 2020.

This year I need to leave behind...

This year I need to add...

Personal Growth/Health:

Write down one (1) WIN for 2020.

Write down one (1) CHALLENGE for 2020.

This year I need to leave behind...

This year I need to add...